

CAR

ALWAYS WEAR
A SEATBELT
and encourage
others in the car
to do the same

BUS & TRAIN

- Plan your journey
- Always ask staff for help if you need it



USEFUL NUMBERS:

112 (Police) to report a crime.
If it's not an emergency call 101
School Phone Number:

REMEMBER ICE
In Case of Emergency
phone number
on your mobile



FURTHER INFO:

www.StepUpSussex.co.uk



Secure,
independent
travel app

STEP UP MOVING ON



Advice
for the
STEP UP
to Year 7

Sussex Safer Roads
PARTNERSHIP

www.SussexSaferRoads.gov.uk

LET'S GO



TRAVEL CHECKLIST:

- Emergency money/ prepaid card
- Mobile phone charged
- Keys
- Plan your route

CROSSING ROADS

- Plan your route
- Use the pedestrian crossings
- Try not to cross between parked cars



DON'T GET DISTRACTED



DON'T WEAR HEADPHONES

DON'T LOOK AT YOUR PHONE



MAKE SURE YOU CAN SEE AND HEAR

REMEMBER

THE GREEN CROSS CODE

STOP LOOK LISTEN!

CYCLING

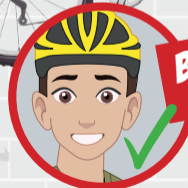
Book your Bikeability training!



A: AIR - Do your tyres have enough air?

B: BRAKES - Are both brakes working properly?

C: CHAIN - Does the chain need any oil?



WEAR A HELMET